# CARMELA'S

## ALLERGEN SHEET

Review date: 9th October 2026

| Pizza | Peanuts | Nuts | Sesame | Crustacean | Fish | Egg | Soya | Dairy | Celery | Mustard | SO2 | Lupin | Gluten | Mollusc |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Cheese Pie | | | | | | | | Yes | | | | | Yes | |
| Tomato Pie | | | | | | | | Pecorino | | | | | Yes | |
| Pepperoni Pie | | | | | | | | Yes | | | | | Yes | |
| Vodka Pie | | | | | | | | Yes | | | Yes | | Yes | |
| White Pie | | | | | | | | Yes | | | | | Yes | |
| Sausage Pie | | | | | | | | Yes | | | | | Yes | |
| Calzone | | | | | | | | Yes | | | Yes | | Yes | |
| **TOPPINGS** | | | | | | | | | | | | | | |
| Mushrooms | | | | | | | | | | | | | | |
| Chillies | | | | | | | | | | | | | | |
| Courgette | | | | | | | | | | | | | | |
| Olives | | | | | | | | | | | | | | |
| Stracciatella | | | | | | | | Yes | | | | | | |
| Fennel Sausage | | | | | | | | | | | | | | |
| Pepperoni | | | | | | | | | | | | | | |
| Anchovy | | | | | Yes | | | | | | | | | |
| Capers | | | | | | | | | | | Yes | | | |
| **SMALL PLATES** | | | | | | | | | | | | | | |
| House Olives | | | | | | | | | | | | Yes | | |
| Charcuterie | | | | | | | | | | | | | | |
| Tomato Tonnato | | | | | Yes | Yes | | | | Yes | Yes | | | |
| Carmela's House Salad | | Yes | | | | | | Yes | | Yes | Yes | | | |
| **DIPS** | | | | | | | | | | | | | | |
| Ranch | | | | | | Yes | | Yes | | Yes | | | | |
| Vodka Dip | | | | | | | | Yes | | | Yes | | | |
| Hot Maple | | | | | | | | | | | | | | |
| Calabrian Chilli Ricotta | | | | | | | | Yes | | | | | | |
| Tuna & Anchovy | | | | | Yes | Yes | | | | Yes | | | | |
| **DESSERTS** | | | | | | | | | | | | | | |
| Tiramisu | | | | | | Yes | | Yes | | | Yes | | Yes | |
| Lime Pie | | | | | | Yes | Traces | Yes | | Traces | | | Yes | |

Note: all spices used are produced in a factory, the equipment of which may contain traces of nuts, dairy and gluten.
Note: our kitchen uses high amounts of wheat flour - all dishes may contain traces of gluten.
Note: the flour used is produced in a factory, the equipment of which may contain traces of soya and mustard